

Health Plan

GSD International
School Costa Rica



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School
Costa Rica



HEALTH Department

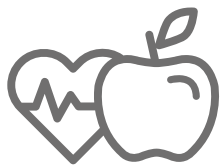
At GSD the promotion of the health of our students is a must.

Different departments of GSD work together with the Health Department to achieve a secure environment. The Food Service Division as well as the Counseling Department, the Division Heads and their teachers work together to make this happen.



Healthcare

- + Attention to children with unforeseen health issues during the school hours.
- + Attention to students at the request of families for minor health issues.
- + Attention to students with chronic pathologies that require follow-up.
- + Medical examinations to students from kindergarten to secondary school.



Health education and prevention

The Health Department is involved in the work of health education with actions aimed at the different groups of the educational community:

- + Meetings with students, informing them of healthy habits.
- + Group interventions in the classroom for different subjects.
- + Health tips for families.

- + Protocols of action in case of health emergency with specific training for staff of the center.
- + Training of the staff in the center about allergies, intolerances and special nutritional needs to be able to prevent a crisis.



Caring for families

- + Updating, custody, and monitoring of the medical information of the students.
- + Interviews with families when necessary for a good knowledge of the health of the student.

We carry out numerous actions for disease prevention and health promotion, which constitute the School Health Plan.



Health resources

- + Computerized system for health management.
- + Diagnostic equipment for primary care consultation.
- + Medication and equipment for emergencies and different pathologies.
- + Controlled semi-automatic defibrillators and staff trained and authorized for their use.



Human resources

- + Health care during the full school day.

Our educational project promotes a healthy lifestyle, since humans learn and acquire the habits that determine their future health when they are in the school stage.



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